

%

400

cool
down
phase

(Knowledge base)

| Facial Moisturizers | Recommended oil percentages | Recommended oils: |
|-------------------------|-----------------------------|---|
| Normal skin | 6% - 10% | squalane, rice bran, almond oil, fractionated coconut oil |
| Oily skin | 6% | hazelnut, jojoba, macademia, squalane |
| Dry skin or body lotion | 10% - 20% | rice bran, meadow foam oi, apricot kernel oil, refined avocado oil, shea butter, cocoa butter |